

ARIZONA BREASTMILK LABEL GUIDANCE

The purpose of this guidance is to help child care providers and staff understand and use best practice standards when labeling breastmilk bottles and/or breastmilk storage bags.

Breastmilk Label

Child: _____
(First & Last Name)

Date Pumped: _____

Date Frozen: _____

Date Thawed: _____

Date & Time Served: _____ @ _____ :

Created by
Arizona's Early Childhood Nutrition Taskforce

Legend:



Required



Best Practice

Following safe preparation and storage techniques helps nursing mothers and caregivers maintain the high quality of expressed breastmilk and the health of their child.

Following this best practice, child care staff are able to prepare breastmilk and reduce the risk of feeding the child the wrong or unsafe breastmilk.



REGULATION *Requires*

Regulation requires the following information to be written on all bottles and bags of expressed breastmilk:

- Child's first and last name
- Date and time of feeding

BEST PRACTICE *Encourages*

Arizona best practice encourages child care providers and/or parents to add the following information to bottle labels:

- Date pumped
- Date frozen
- Date thawed

This document contains shared breastmilk labeling guidance for regulatory requirements and best practices and was developed as a collaboration between the following organizations: